

## Green Mountain Farm-to-School AVAILABILITY SHEET - October 2008

Product	Units	Cost	Farm Source
<b>PRODUCE</b>			
Beets* (white, chiogga, red, gold)	Per Lb.	\$3.25	Pete's Greens
Beets* (red)	25#	\$20.00	Deep Root
Beets* (gold)	25#	\$32.00	Deep Root
Broccoli*	Per Lb.	\$1.85	Berry Creek Farm
Cabbage * (red or green)	Per Lb.	\$0.70	Berry Creek Farm
Cabbage* (red, savoy)	Per Lb.	\$1.50	Pete's Greens
Carrots* (Orange, Sugarsnax, Chantenay, Thumbelina, Mixed)	Per Lb.	\$2.50	Pete's Greens
Carrots* (bunched)	50lbs.	\$35.00	Deep Root
Carrots*	Per Lb.	\$1.10	Berry Creek Farm
Corn	Dozen	\$3.50	O'Donnell Farm
Garlic* (Conventional, no pesticides)	Per Lb.	\$6.50	Pete's Greens
Leeks*	Per Lb.	\$1.70	Berry Creek Farm
Lettuce*	Each	\$0.80	Berry Creek Farm
Melon* ( Sugarbaby red & yellow)	40lbs.	\$20.00	Deep Root
Mesclun Mix*	3.5 lb. bag	\$25.00	Pete's Greens
Onion* ( Cipollini)	Per Lb.	\$1.20	Berry Creek Farm
Onions* (red, yellow)	Per Lb.	\$1.10	Berry Creek Farm
Onions* (Mars red, Red torpedo, Ailsa Craig, Walla Walla, med-large)	Per Lb. (special price for 50lbs or more)	\$1.75	Pete's Greens
Parsnips*	25lbs.	\$35.00	Deep Root
Parsnips*	Per Lb.	\$1.50	Berry Creek Farm
Peppers* (Sweet mix, seconds)	Per Lb.	\$2.75	Pete's Greens
Potatoes*(red, Yukon)	50lbs	\$35.00	Deep Root
Potatoes*	Per Lb.	\$0.90	Berry Creek Farm
Potatoes*(red, purple)	Per Lb.	\$2.00	Pete's Greens
Rutabaga	25lbs.	\$25.00	Deep Root
Spinach* (baby)	3.5 lb bag	\$25.60	Pete's Greens
Squash* (Butternut)	40lbs.	\$22.00	Deep Root
Squash* (butternut, frozen puree)	7.5 lb. pail	\$10.00/each	Champlain Orchards
Squash* (Delicata)	Per Lb.	\$1.15	Berry Creek Farm
Squash* (Delicata)	40lbs.	\$30.00	Deep Root
Squash* (pie pumpkins)	40lbs.	\$22.00	Deep Root

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Squash* (Winter)	Per Lb.	\$0.80	Berry Creek Farm
Tomatoes*	Per Lb.	\$3.50	Berry Creek Farm
Tomatoes* (w/defect)	Per Lb.	\$1.25	Berry Creek Farm
Tomatoes*	15#	\$32.00	Deep Root
Tomatoes* (Greenhouse grown Beefsteak)	Per Lb.	\$3.50	Pete's Greens
Turnips* (purple tops)	25lbs.	\$25.00	Deep Root
Zucchini*	Per Lb.	\$2.25	Pete's Greens
<b>GRAINS/BEANS</b>			
Pastry Flour*	5 Lbs.	\$3.75	Butterworks Farm
Pastry Flour*	25 lbs.	\$16.25	Butterworks Farm
Whole Wheat Bread Flour*	5 lbs.	\$3.75	Butterworks Farm
Whole Wheat Bread Flour*	25 Lbs.	\$16.25	Butterworks Farm
Cornmeal*	Per lb.	\$0.90/lb	Butterworks Farm
<b>DAIRY</b>			
Yogurt (plain)	12 lb tub	\$13.44	VT Milk Company
Yogurt (vanilla)	12 lb tub	\$13.75	VT Milk Company
Cheddar Cheese Curds	7 lb tub	\$40.00	VT Milk Company
Cheddar Cheese	Per lb.	\$3.99/lb.	VT Milk Company
Cheddar Cheese*	Per Lb.	\$8.50	Butterworks Farm
Ice Cream (vanilla, chocolate, strawberry, maple, coffee)	Half-gallon	\$5.75	VT Milk Company
Ice Cream (vanilla, chocolate, strawberry, maple, coffee)	3 gallons	\$25.00	VT Milk Company
Heavy Cream*	Pint	\$3.03 each	Butterworks Farm
Heavy Cream*	Half gallon	\$12.10	Butterworks Farm
<b>EGGS</b>			
<b>FRUIT</b>			
Apples (Mac, Cortland, Spartan, Empire)	Bushel	\$24/bushel	Heath Orchards
Apple slices	Per lb.	\$1.10/lb.	Champlain Orchards
Apple Cider	Case- 4 Gallon	\$11/case	Champlain Orchards
Applesauce	7.5 lb. pail	\$5.79 each	Champlain Orchards
Apple Butter	7 Oz. (12 per case)	\$3.25/each	Champlain Orchards
Apple Butter	7.5 pail	\$15.00/each	Champlain Orchards
Apple Pie (double crust,	9" pie	\$8.50/each	Champlain Orchards

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crumb top, oat top)			
Strawberries* (frozen)	5 lb.		Berry Creek Farm
<b>SWEETENERS</b>			
Maple Syrup	Gallon	\$38.00	Kingdom Mt. Maple
<b>MEAT</b>			
Ground Beef		\$2.09/lb.	Brault's
Stew Beef		\$2.39/lb.	Brault's
Ham, boneless		\$2.89/lb.	Brault's
Sausage		\$2.00/lb.	Brault's
Chicken (boneless breast)	Per Lb.	\$7.59	Misty Knoll
Chicken (boneless breast)	10#	\$7.25/lb.	Misty Knoll
Chicken (quartered)	Bulk pack	\$3.25/lb.	Misty Knoll
Turkey (whole)	Per Lb.	\$2.99	Misty Knoll
Turkey (boneless breast)	Per Lb.	\$5.85	Misty Knoll
Turkey (ground)	Bulk pack	\$4.55/lb.	Misty Knoll
<b>OTHER</b>			
Soymilk* (original, chocolate, vanilla)	Pints	\$16.55/case or \$1.38/each	Vermont Soy
Tofu*	1 lb, case of 6	\$16.99	Vermont Soy
Tofu*	5 lb.	\$13.25	Vermont Soy

\* = Organic